

Manual for CONTEC air suspension seatpost „Nara Air Link+“

TO THIS MANUAL

- Read and observe the instructions.
- Keep the instructions in a safe place.
- Read and observe the safety instructions.

SAFETY INSTRUCTIONS

Risk of injury due to improper assembly!

- Do not change defective parts yourself.
- Assembly / repair may only be carried out by a bicycle mechanic.

Serious injuries due to disassembly of pressurized parts!

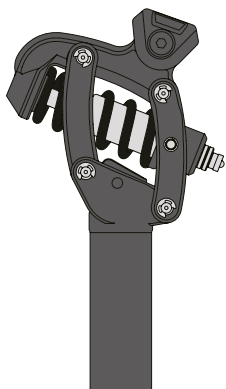
The seatpost is under high pressure.

- Sattelstütze nicht in Bestandteile zerlegen.
- Obere Schutzkappe der Sattelstütze nicht abschrauben.
- Sicherstellen, dass die Schutzkappe immer fest angezogen ist.

Risk of accident due to improperly attached accessories!

This may impair the function, lead to loss of function and result in falls, accidents and injuries.

Nara Air Link+
Available in
27,2 mm Ø
30,9 mm Ø
31,6 mm Ø



REQUIRED TOOLS



inside hexagon wrench, 5mm

ASSEMBLY



WARNING!

Warning!

Serious injuries due to slipping or failing seatpost. due to incorrect mounting!

- Observe the specifications of the bicycle frame manufacturer.
- Do not exceed the permitted tightening torques under any circumstances.

Before mounting

The seatpost is only designed for the following inner diameters of the seat tube designed: 27,2; 30,9; 31,6 (mm). The diameter is indicated on the product with laser engraving.

- Ensure that the seatpost has the correct dimension.

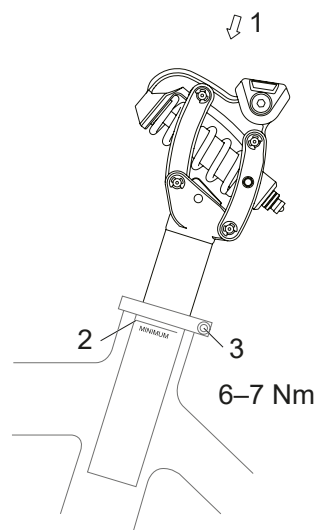
1 – Prepare the bicycle frame

- Ensure that the inner diameter of the seat tube exactly matches the installation dimension of the seatpost (observe technical data).
- Clean the inner wall of the seat tube. Remove any burrs from the edges of the seat tube.
- Seat tubes made of metal (aluminum, steel): Use suitable assembly grease.
- Seat tubes made of carbon: Use suitable assembly paste.

2 – Mounting the seatpost

- Insert the seatpost (1) so far into the seat tube so far that the marking of the minimum line (2) is covered by the seat tube. Observe the direction of travel.
- Tighten clamping screw (3). Observe the tightening torque. If necessary, use a torque wrench.

← RIDING DIRECTION



SADDLE MOUNTING

- A. Loosen the screws on both sides using a 5mm Allen key until the rails of the saddle rail fit into them.



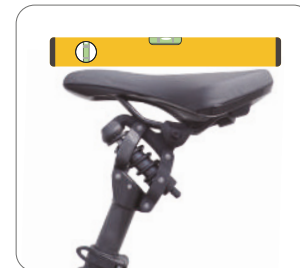
- B. Now the saddle rails can be carefully inserted.



- C. Push the saddle in until it clicks into place.



- D. Adjust the saddle so that it is horizontal. (Basic setting) See illustration.



- E. Tighten the two mounting screws to 7-9Nm using a 5mm Allen wrench.



SEATPOST SETTINGS NARA AIR LINK+

Suspension seat posts **Nara Air Link+** can be adjusted for different rider weights. This is achieved by an integrated air suspension chamber.



Connect a suitable high-pressure pump for dampers/spring elements to the back of the post..

Remove the dust cap on the saddle support. Screw on the high-pressure pump via the thread. Pump in the desired pressure. Unscrew high-pressure pump as quickly as possible to minimize air loss. Screw the dust cap back onto the seatpost. (We recommend a high-pressure pump with a 2-step valve).

Maximum rider weight 130Kg
Adjustable from approx. 50 psi up to max. 280 psi

these values may vary depending on bike type and rider characteristics.

40-50kg = 50-100psi
70-80kg = 130-200psi
Max 130kg = 280psi

MAINTENANCE

Hint! Damage to the seatpost in case of improper maintenance.

- Maintenance should only be carried out by a bicycle mechanic.
- Have the seatpost serviced regularly, depending on the frequency and conditions of use. More frequent maintenance is required in wet and dusty conditions.
- If there is a noticeable reduction in functionality: Have maintenance performed as soon as possible.

CLEANING, LUBRICATING

- Clean and lubricate seatpost at least every 6 months.
 - Use only suitable lubricant for lubrication.
- Note! Corrosion and material damage due to water penetrating into the seals.**
- Do not use a high-pressure water jet or steam cleaner.
 - Be careful when cleaning with a water hose.
 - Clean with a damp cloth and a little warm water.

TRANSPORT AND STORAGE

- Do not transport bicycle with mounted seatpost with car bicycle carriers where the bicycle is fixed to the saddle or seatpost.

BEFORE FIRST USE

The seal on the seatpost can get stuck and prevent the vertical movement of the seatpost.

- Press the seatpost down firmly by putting weight on the saddle to restore the mobility of the seatpost.
- Some grease may leak from the seal during first use.

BEFORE EACH RIDE

⚠ Warning! Serious injuries due to fall!

- Ensure that the seatpost and seat tube are correctly mounted and cannot be spoiled.
- Ensure that all bolts on the seat clamp and seatpost clamp are properly tightened.
- Ensure that the seatpost is functioning properly.
- Make sure that the seatpost is tight by operating it several times and that there are no traces of oil on the screws, sliders and seals, nor any external mechanical damage.
- Do not ride the seatpost if you notice any damage, if you hear unusual noises or if you have any doubts about its integrity. Have the seatpost checked at a specialist workshop.

CON-TEC
PROFESSIONAL BIKE COMPONENTS

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